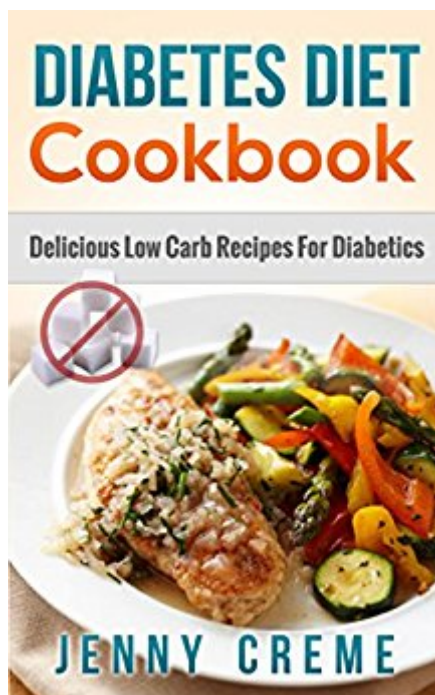


The book was found

Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar)



Synopsis

Diabetes Diet Cookbook: Delicious Low Carb Recipes for Diabetics
Delicious Nutritious Recipes Suitable For Diabetics... * * *LIMITED TIME OFFER! 50% OFF!* * * Do You Suffer From The Dreaded Diabetes Disease? Have You Lost Hope In Finding Ways To Reverse This Debilitating Illness And Enjoy Delicious Food? If So, This Book Is A Must Read! Here Is A Preview Of What This Book Contains...An Introduction To The Diabetes Diet
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Sumptuous Chicken Dishes
Seafood-Based Recipes
Vegetables Made More Interesting For Diabetics
Desserts Suitable For All Occasions
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It's Time To Implement These Delicious Diabetic Friendly Recipes In Your Life!
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Customer Reviews

This book probably has some good recipes if I knew just how to interpret them. I decided "1 piece of beaten egg" meant "1 egg, beaten" but what does 1 piece of chopped onion mean? Is it a chopped

onion or just a piece of onion that has been chopped? How big an onion? How big a piece? I give up. The book reads like a computer translation from Chinese.

Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics by Jen Porter is a comprehensive recipe book filled with dishes that are easy to prepare, look delicious to eat, and will be healthy for anyone suffering from diabetes. The book is divided into five parts: soup recipes, chicken recipes, seafood recipes, vegetable recipes and even dessert recipes. Each section contains a good variety of dishes. There are at least five recipes per section, and the recipes are made with ingredients that should be easy to find at any local market. The instructions tend to be very simple and easy to follow, mainly consisting of just a few basic steps. The dishes are also varied, ensuring that you won't be preparing the same thing over and over again. Finding recipes suitable for diabetics can be a difficult task, so this book is sure to become a go-to resource for anyone who is cooking for someone with diabetes.

U know the situation. U have weekend guests coming over and one of them is diabetic. U find yourself scurrying around on the Nernst trying to put together a barrage of meal recipes for the weekend. Yup, and we were tired of it. So the wife and I decided to grab this book. Simply put when u looking for a recipe book, u look for the following: delicious recipes, variety, quick and easy, clear cut directions, easily obtainable ingredients. Did this cookbook have all that? Yes! Is it a great book? Yes! Would I recommend it? Absolutely!!!!

Excellent selection of recipes.

So, there are flavorful food for diabetics after all. I am happy to learn new recipes that are good for my diabetic family members. I like the introduction of the author on every recipe. It makes me feel at ease that I can cook the dishes here with ease. It is good to know that being diabetic does not mean that food enjoyment should also stop. These recipes will surely be of great help to our family.

I think the problem with being overweight is on the first place, because this issue affects every third. It is very important to keep myself in shape and to eat healthy food. All important tips will help you this book. I learned a lot in this book, and the diet on which I sit because of this book. Try to find and read this book, it will definitely help you to review your nutrition. Put five stars to this book.

Please be careful if you follow this book. The first recipe I read was Italian Grilled Chicken that looks amazing, but it ends with "serve with some Italian pasta or rice". That's the worst thing to put in a Diabetes Cook Book for beginners!!

Awesome! Being a diabetic is hard, very hard. If you are an informed diabetic things can be better controlled, even though they are still hard. But if you happen to be uninformed wait for the worst. This book will give you almost all the information you need to be aware. So much worth recommending book!

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